



Miami Warriors Relays



March, 12th, 2020

1:45 pm - 2:30 PM Scratch Meeting

2:45 HS 3200 M run

2:45 **HS Girls**
Long Jump, Shot Put

HS Boys
High Jump, Triple Jump, Disc

3:15 **HS Girls**
High Jump, Triple Jump, Disc

HS Boys
Long Jump, Shot Put

3:45 JH 2400 M Run

4:00 **JH Girls**
Long Jump, Shot Put

JH Boys
High Jump, Triple Jump, Disc

4:45 **JH Girls**
High Jump, Triple Jump, Disc

JH Boys
Long Jump, Shot Put

@5:30 PM Running Events (HS followed by JH except for Hurdles)

400 RELAY
800 METERS
100 HURDLES (girls)
110 HURDLES (boys)
100 METERS
800 RELAY
400 METERS
300 HURDLES
200 METERS
1600 METERS
1600 RELAY

The battles that count aren't the ones for gold medals. The struggles within yourself - the invisible, the inevitable battles inside all of us - that's where it's at.

Jesse Owens